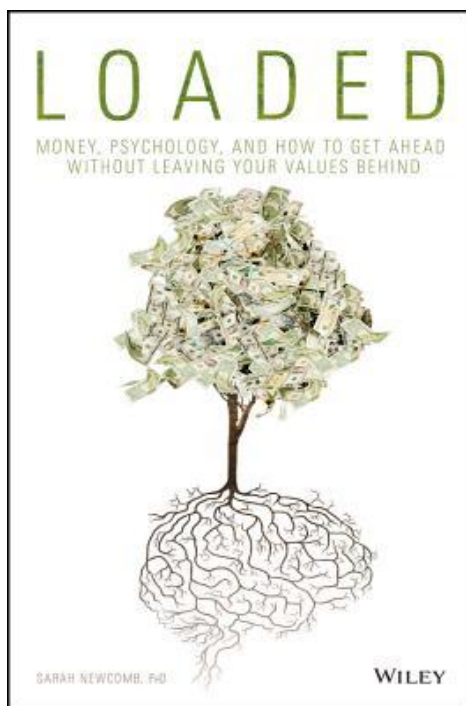


# Descargar libros LOADED: Money, psychology, and how to get ahead without leaving your values behind

By Sarah Newcomb



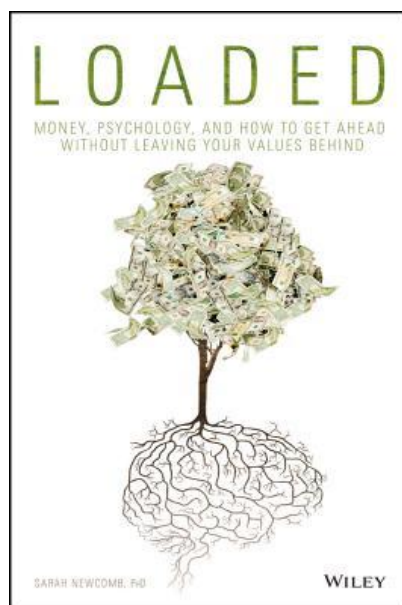
## Books Details

Author : Sarah Newcomb Pages : 208 pages Publisher : Wiley Language : eng  
ISBN-10 : 1119258324 ISBN-13 : 9781119258322

## Books Descriptions

"LOADED is that rare resource which somehow captures both theoretical and practical wisdom about money, personality, and life. Your views ? and actions ? with money will be much improved after reading the wonderful advice in LOADED."- James Grubman, PhD. Author of Strangers in Paradise: How Families Adapt to Wealth Across Generations and co-author of Cross Cultures: How Global Families Negotiate Change Across Generations Deeply researched, yet written in an approachable, conversational tone, this book offers insight into how the reader's personal experiences have shaped their financial attitudes, and how they can have a healthier relationship with their own money. The book first examines the roots and consequences of core money beliefs and then presents a practical budgeting method that blends economics with psychology to create a healthy and sustainable money management method. Worksheets and personal money psychology assessments supplement the text.

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